

Gregory Cox  
(435)-868-8301  
1502 N. 3775 W. Cedar City, UT  
greg3387@gmail.com

### **Rural Health Scholars Travel to Salt Lake to Provide Service to the Needy**

Salt Lake City, Utah, March 10th-15th, 2018 -- Gregory Cox, Taylor Wahl, and Braxton Williams organized a group of students from the Rural Health Scholars group to help the underserved populations of Salt Lake. This group provided many hours of service the five days that they served. They volunteered at food banks, homeless shelters, and organized medical supplies to be sent throughout the world. These students also spent time at an adult high school assisting the students with learning English conversation. Everyone had a great time learning a few ways of how one can serve the needy in their community, because often times these individuals rely on the goodness of others to survive.

The three students, Cox, Wahl, and Williams, organized the Salt Lake Trip for their EDGE projects. As part of the education at Southern Utah University the students are required to participate in some sort of personal project. These projects are designed to accomplish some sort of personal goal that the participant creates. They also provide real-life situations for students to experience before they go into their career fields providing them with additional skills and experiences.

A few of the highlights of the trip were volunteering at Globus, preparing and serving food to the homeless, and practicing conversations with students learning English. The Globus company is an organization that collects extra medical supplies and then ships it throughout the world to places in need. The volunteer group organized the medical supplies and prepared it to be shipped to another location. All of the volunteers loved the fast paced environment and felt like they were accomplishing great feats.

The other favorite volunteer location was at a High School for adults. The students at this school did not have the opportunity to go to school because of their past situations. Many of these students are immigrants from another country and are trying to learn English. The volunteer group provided these students with conversational practice in the English. This was a very touching experience especially when learning more about the student's past.

Most of these students come from very humble backgrounds and have been separated from their families due to various reasons. One student in particular had to come to the United States alone, leaving behind his family in hopes that he can one day pay for his family to join him. This was a very heartfelt touching experience for all of the volunteers. The volunteers helped the students learn English, but the students taught the volunteers a much greater lesson.

###