

Helping the Homeless and the Needy

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EDGE PROJECT

Project Summary

For my project I helped organize and carry out a service/pre-medical trip that traveled to Salt Lake City, Utah. There we provided service for many different organizations and also toured several healthcare facilities, preparing us to become better healthcare providers. For the duration of this trip we had the opportunity to serve eight different organizations who assisted a variety of people. One of the organizations distributes medical supplies around the world to those in need. Another feeds the homeless people of Salt Lake, providing them with food and snacks for the day. We also had the opportunity to visit a hospital and play games with the children staying there. We volunteered at food banks and an adult high school as well. All of these activities helped some person in need.

This project helped so many Salt Lake residents and also people all around the world. It also helped the volunteers gain a clearer perspective on how many community members stand in need of service on a daily basis. This trip was an eye-opening experience for everyone that participated.

Project Highlights

The best part of this trip was having conversations with individuals of who are learning English as a second language. These people are currently attending an adult high school. Most of them are immigrants from countries all around the world.

- While we having conversations in English with these individuals we got on the topic of family. I asked one of the gentleman about his family and he started to sob like a little child. He started to tell us about how he had to leave his family behind in terrible circumstances in hopes that he could earn enough money in the U.S. to pay for the rest of his family to come over. I couldn't help but to cry for his terrible circumstances as well.

- I learned that seemingly ordinary people sacrifice much and have needs that are not so apparent. We as community members need to offer a helping hand more often to everyone that we can. There's no telling who actually needs an act of kindness every day.

This trip has assisted in preparing me for my future healthcare occupation. It has helped me become more relatable to others from diverse backgrounds. I now know that there are more needs than can be seen on an outward appearance.

From My Journal

"Today was a fantastic day! I love the feeling I get when I serve others and make someone's day a little bit better. There's no feeling like it."



We had the opportunity to practice English with these students who are learning English as a second language.



Our service group making food backpacks for elementary kids to take home. These backpacks have enough food for the families of the students as well in case they are in need of food.